

## Health Overview and Security Committee

19<sup>th</sup> September 2018    Worcestershire County Hall

The chair expressed his disappointment that the chief executive was returning to Australia but it was anticipated that we would have an exit report at the November meeting.

Four officers then gave a comprehensive report on the present state of the "Child and Adolescent Mental Health Service and Wellbeing Work".

The STP has a common vision for all where referrals are decided by either the need or by priority. There is a need for change to support an holistic approach and there appears to be funds available. There seemed to be an emphasis on a computer programme called "Kooth". It is a self-referral programme for on-line wellbeing support and counselling.

Provision for help was assessed through stages: if accepted there would be a care plan and other arrangements. There would be help with schooling.

Eating too much is equal to anorexia both require help and are part of area public health.

There followed a question session where ease of access was not really answered as it appeared to be difficult, as was NHS funding that schools could be use for counselling.

In my opinion there was a great deal of "officer speak" that distracted from the understanding of the issues. The power point slides are available in hard copy if required.